

Action needed	Lead agency/ contact	Estimated completion date
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This draft Action Plan will be used as the basis for consultation and is likely to be amended as a result of the responses to the consultation.

Priority 1: To reduce risk in key high risk groups

The Kent and Medway Suicide Prevention Steering Group has identified the following key high risk groups within Kent:

- Those in contact with mental health services
- Those who have self harmed
- Offenders
- Middle aged and older men
- High risk occupation groups such as construction, agriculture and road transport drivers

1) KMPT to implement and continually review their suicide prevention strategy	KMPT	Ongoing
2) Support and promote the Kent and Medway Crisis Care Concordat - Work with partners to implement the Concordat and associated action plan to support people in crisis due to a mental health condition	Kent Police	Ongoing
3) KCC Public Health to lead a consultation event to examine the prevalence and services relating to self-harm	KCC Public Health	Spring 2015
4) Review the current statistics relating to suspected suicides in Kent prisons and consider what more can be done to prevent future suicides	National Offender Management Service, NHS England	Early 2015
5) Develop appropriate interventions to promote good male mental health	Public Health	Ongoing
6) Establish contact with appropriate representatives within each high risk occupation group and consider what interventions may be appropriate to reduce the risk of suicide	Public Health	Spring / summer 2015

Priority 2: Tailor approaches to improve mental health and wellbeing in Kent and Medway

As well as including wellbeing interventions aimed at the whole population, the Kent and Medway Suicide Prevention Steering Group has identified the groups which may need additional support to improve their mental health and wellbeing.

- Socially excluded and deprived groups
- BME communities
- Domestic abuse victims and survivors
- Women during and after pregnancy
- Young people leaving care
- Children and young people
- Students
- Older people (especially those who have recently lost long term partners)

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<ul style="list-style-type: none"> • People who misuse drugs and alcohol • Veterans • LGBT • People experiencing financial crisis • People experiencing relationship difficulties • Offenders/ex-offenders 		
7) Roll out the Five / Six Ways to Wellbeing campaigns in Medway / Kent respectively	Public Health	Ongoing
8) Commission free to access Mental Health First Aid training	Public Health	Ongoing
<i>Include an action in relation to each of the groups identified following the public consultation and confirmed within the strategy</i>		
PRIORITY 3: Reduce access to the means of suicide		
9) Agencies such as Network Rail, Kent Police and Kent County Council to identify trends in methods and locations of suicide and suicide attempts.	All agencies	Ongoing
10) Relevant agencies to take appropriate measures in relation to common suicide methods and at identified hotspots	All agencies	Ongoing
PRIORITY 4: Provide better information and support to those bereaved or affected by suicide		
<i>This priority will be a particular focus within the consultation process. Key principles and additional activities will be added to this section as a result of the consultation</i>		
11) Ensure that the support pack "Help is at Hand" is distributed to as many frontline staff in appropriate occupations (eg health, police) as possible	Public health?	Ongoing
PRIORITY 5: Support the media in delivering sensitive approaches to suicide and suicidal behaviour		
12) Invite representatives from the Kent media to a suicide reporting workshop to discuss how to further improve local reporting of suicide and suicidal behaviour	Public Health	Ongoing
PRIORITY 6: Support research, data collection and monitoring		
13) Prepare and present updated suicide statistics and trends based on research and statistics provided from all relevant agencies, service providers and other available sources	KMPHO	Ongoing